

Creative Art Workshops for employee engagement

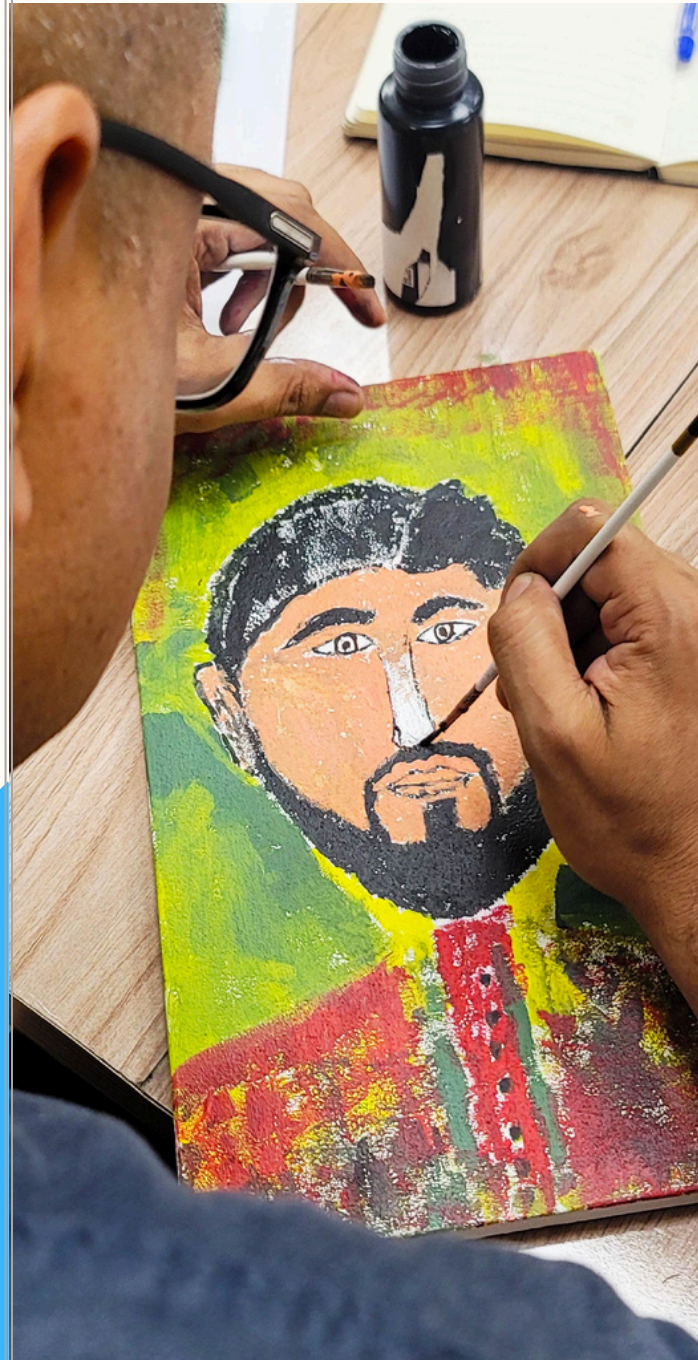
How is the Corporate Art Workshop structured?

- All workshops are 2 - 2.5 hours long, with the flexibility to extend
- Choose from a variety of materials
- Book for groups of 10, 20, 30, or more people.

What is included?

- Comprehensive arrangements for indoor or outdoor workshops
- All art materials

Artistic expression has therapeutic benefits and can serve as a form of stress relief for employees. Engaging in creative activities allows individuals to unwind, relax, and focus on the present moment, promoting overall well-being and mental health in the workplace. Therefore, Discovering New Artists has introduced art-integrated creative workshops in the private sector to reaffirm workplace well-being and productivity in our community. We offer personalized art-integrated sessions to make self-expression and progression more accessible and affordable for organizations to build a healthy environment for employees.



We understand the importance of **team building** and its **positive impact on productivity** and work culture. Studies consistently show that painting can have a profound impact on mental health:



Emotional Expression: Art provides a non-verbal outlet for expressing emotions.



Social Connection:

Group art activities build community and support mental well-being.



Stress Reduction: Painting fosters mindfulness and reduces stress levels. Creating art triggers the release of dopamine, the brain's "feel-good" chemical, promoting relaxation.



Advantages

- Explore the essence of drawing and painting with DNA's corporate art workshops. Our sessions are designed to inspire creativity, enhance team cohesion, and cultivate a profound appreciation for artistic expression.
- Our workshops function as inventive training exercises, providing a combination of education, creativity, and team bonding. No previous artistic experience is necessary, ensuring that our sessions are accessible to everyone.
- Personalize your workshop experience to match your team's distinct needs and preferences. Whether you prefer indoor sessions or inspiring outdoor settings, our workshops offer the ideal environment for creativity to thrive.

Different workshops targeted for numerous topics depend upon the company's requirements. The outlook of the workshops is different according to the topic and content and our team will communicate with your organizations to discuss all the requirements

Choose from

- Acrylic Paints on Canvas
- Acrylic Paints on Tote bags
- Acrylic on paper
- Team Mural Creation
- Pot Painting
- Drawing pencils/Charcoal on paper
- Block Print using Fabric Paint
- Calligraphy and many more



Book a Creative Workshop with us today!

Call or email us to book your interest and inquire about the packages

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Email us at
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Visit our website for details
www.discoveringnewartists.org

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